
BIOGRAPHICAL SKETCHNAME: Matilde Monteiro Soares

POSITION TITLE: Coordinator of Podiatry Course at Portuguese Red Cross Health School - Lisbon

EDUCATION/TRAINING

INSTITUTION AND LOCATION	DEGREE (if applicable)	Completion Date MM/YYYY	FIELD OF STUDY
CESPU – Cooperativa de Ensino Politécnico e Universitário, Escola Superior de Saúde de Vale de Sousa, Portugal	Graduate	07/2005	Podiatry
Faculdade de Medicina da Universidade do Porto, Portugal	Master	04/2010	Evidence and Decision in Health
Faculdade de Medicina da Universidade do Porto, Portugal	PhD	12/2016	Clinical and Health Services Research

A. Personal Statement

I am a podiatrist from the North of Portugal. I have dedicated my professional and academic experience mainly to diabetic foot prevention, diagnostic and treatment. I have gathered clinical experience in a high risk setting Diabetic Foot Clinic with a multidisciplinary team and started to investigate, develop and improve the classification of subjects with diabetes by their risk of foot complications.

My MSc and PhD degrees focused on Clinical and Health Services Research and diabetic foot complications' prediction and prevention.

Since 2011, I collaborate with the MEDCIDS department, in Oporto University, lecturing in pre- and post-graduate courses mainly about evidence-based healthcare, diagnostic and prognostic studies, evidence synthesis and health technology assessment. Since 2019, I am an Invited Assistant teacher there.

I am a Research integrated member at Center for Health Technology and Services Research (CINTESIS), Oporto Faculty of Medicine.

Since 2020 I am a teacher at the Podiatry Course at Portuguese Red Cross Health School – Lisbon and since 2022, I am the Coordinator of that course. From February 2023 to August 2024 I was the international office coordinator.

B. Positions and HonorsPrizes

3rd Prize Poster presentation at 6th International Symposium on the Diabetic Foot, Netherlands (2011);

1st Prize Oral Presentation in Clinical Research and SPD/MEDINFAR Diabetes tipo 2| 2016, 14th Diabetes Portuguese Symposium, 2017, Vilamoura, Portugal;

Special Mention Eurico Lisboa Lilly/ SPD award for best published article about Diabetes in 2017, 2018, Vilamoura, Portugal.

Special mention in Prize Pedro Eurico Lisboa Lilly/ SPD for the best article in Diabetes published in 2020 in the 17^o Congresso Português de Diabetes, 11-17 March 2021, Online.

Best poster Young Scientists (1st prize) in the 9th International Symposium on the Diabetic Foot, 10-13 May 2023, The Hague, Netherlands.

Memberships

1. International Working Group on Diabetic Foot (IWGDF): Working group on Prevention of Foot Ulcers, since 2015;

2. Scientific Committee of the guidance document about "Prevention, Diagnosis and Treatment of Diabetic Foot", Direção Geral de Saúde, since 2016;

5. Diabetic Foot Study Group of the Diabetologia Portuguese Association (Grupo de Estudos em Pé Diabético da Sociedade Portuguesa de Diabetologia), since 2016

6. Portuguese Society for Podiatric Research and Development (Sociedade Portuguesa de Investigação e Desenvolvimento da Podologia), since 2017;

7. International Working Group on Diabetic Foot (IWGDF): Working group Diabetic Foot Ulcer Classification, since 2018;

8. Prevention of the First Ulcer Project, Diabetic Foot Study Group (DFSG) under European Association for the Study of Diabetes (EASD), since 2018;

9. International Working Group on Diabetic Foot (IWGDF): Editorial Board Member, since 2022.

C. Contributions to Science:

Until now I published 71 articles, being 34 articles on Diabetic Foot (48%) with a mean impact factor (IF) of 4.3. I was the first author in 18 of these articles (25%) and last author in 5 (7%).

More information on: <https://publons.com/researcher/334773/matilde-monteiro-soares/>