

## **Oleg V. Udovichenko, MD, PhD.**

### **Credo**

On the way to implementation of the International guidelines on the diabetic foot management post-Soviet and post-Communist countries (Russia, Ukraine, East-European, Central Asian and Caucasian ones) meet some specific problems. They concerned with:

- Post-Communist economic problems
- Relatively late understanding of evidence-based medicine principles importance
- Another than in Western countries structure of healthcare system (for example, complete absence of podiatrists)
- Not enough developed nursing system and lack of highly qualified nurses

I do not represent administrative structures of healthcare system of my country; I am just a doctor of outpatient DF clinic (although I take part in scientific projects with leading endocrinology center in Russia).

But I decided to take part in these elections because participation of delegates from our countries in DFSG meetings increases. It seems to me that our countries should have their representative(s) in the Executive Committee.

It will definitely help in collaboration between East and West.

## Curriculum Vitae

**Date of Birth:** Nov, 3, 1973

### Education:

<u>Field</u>	<u>University</u>	<u>Qualification</u>	<u>Years</u>
Medicine	Moscow Sechenov Medical Academy, Scientific faculty	MD (Diploma with honours)	1990-1996
Post-graduate education:			
Clinical Residency	Research Centre of Endocrinology, Moscow	Endocrinologist	1996-1998
PhD research fellowship	Research Centre of Endocrinology, Moscow	PhD	1999-2003

### Working positions:

<u>Title</u>	<u>Location</u>	<u>Years</u>
Doctor (diabetologist/surgeon) of Diabetic Foot Outpatient Clinic	South-Western District Endocrinology Center, Moscow	1997 – present time
Endocrinologist	Private outpatient clinic “Prima Medica” ( <a href="http://www.primamedica.ru">www.primamedica.ru</a> )	2006 – present time
Endocrinologist and senior research staff	Diabetic Foot Care Dept., National Research Centre of Endocrinology, Moscow	2000 – Oct 2006

### Practical activity:

I work as diabetologist and surgeon in outpatient diabetic foot clinic, treating about 200 patients with DF ulcers and about 700-800 patients of risk groups per year.

In 1997 took an active part in organization of local municipal diabetic foot clinics system in Moscow. I work in one of such clinics (in South-Western District) till nowadays.

### Research activity:

Since 2001 - member of Diabetic Foot Study Group of European Association for Study of Diabetes (EASD).

In 2002 I maintained dissertation devoted to “Clinical and morphological features of diabetic Charcot neuroarthropathy”.

Main scientific fields of interest: prediction of wound healing time, microbiology of diabetic foot ulcers, depressive disorders in diabetic foot patients, organization of healthcare system in diabetic foot care field and others.

**Publications:** 89 (33 in English).

10 books/brochures, 26 articles and 20 abstracts were published in Russian

**Other activities**

2005, 2008 - Organizing Committee member of 1<sup>st</sup> and 2<sup>nd</sup> Russian International Diabetic Foot Symposiums

I am a DFSG member since 2001, here is the list of my and my co-authors' DFSG presentations:

1. A randomized study of Biatain foam vs. gauze dressing in diabetic foot ulcers / O. Udovichenko, E. Bublik. / Materials of the 8th Meeting of the Diabetic Foot Study Group of the EASD (Bled, Slovenia, 25-28 Sept. 2009), P38.
2. Understanding real prevalence of diabetic foot ulcers and amputations in Russia and possible causes of its underestimation in epidemiologic studies / Udovichenko O., Strakhova G., Galstian G., Suntsov Yu., Bublik E., Bondarenko O., Uljanova I., Yaroslavtseva M., Dedov I. / Materials of the 7th Meeting of the Diabetic Foot Study Group of the EASD (Il Ciocco, Italy, 11-14 Sept. 2008), p. 52
3. Clinical and economical aspects of off-loading methods in patients with diabetic foot./ N. Maximova, O. Udovichenko, M. Kalashnikova, E. Bublik / Materials of the 8th Meeting of the Diabetic Foot Study Group of the EASD (Bled, Slovenia, 25-28 Sept. 2009), P29.
4. Urea-containing moisturizer vs. oil-containing balm: open-label crossover study. / <u>Udovichenko O.</u> , Bublik E. / Materials of the 6th Meeting of the Diabetic Foot Study Group of the EASD (Elsinore, Denmark, 10-13 Sept. 2006), p. 115
5. Prevalence of diabetic foot in patients with end-stage renal disease on dialysis therapy. / Bublik E, Udovichenko O, Galstyan G, Melnichenko G, Safonov V, Shutov E. / Materials of the 6th Meeting of the Diabetic Foot Study Group of the EASD (Elsinore, Denmark, 10-13 Sept. 2006), p. 18
6. What happens with patients 'dropping out' from DF clinic supervision? / Ivanov A. Udovichenko O, Bublik E, Brezhneva E. / Materials of the 6th Meeting of the Diabetic Foot Study Group of the EASD (Elsinore, Denmark, 10-13 Sept. 2006), p. 103
7. Successful prevention of lower limb amputations in diabetic patient on haemodialysis: case study. / Gusov T., Melnichenko G., Udovichenko O. Bublik E., Safonov V., Ulyanov D. / Materials of the 6th Meeting of the Diabetic Foot Study Group of the EASD (Elsinore, Denmark, 10-13 Sept. 2006), p. 119
8. High prevalence of antibiotics resistance in microorganisms isolated from diabetic foot ulcers in Moscow. / <u>Udovichenko O.</u> , Zakirova V., Khristjuhina O., Galstian G. / Abstracts of the 5 <sup>th</sup> Annual meeting of the EASD Diabetic Foot Study Group (Kassandra, Greece, 7-10 Sept, 2005), P52
9. The use of the total contact cast for treatment of diabetic patients with foot ulcers. / Bondarenko O., Udovichenko O., Galstian G./ Abstracts of the 5 <sup>th</sup> Annual meeting of the EASD Diabetic Foot Study Group (Kassandra, Greece, 7-10 Sept, 2005), P39
10. Lesion types in popliteal and crural arteries in patients with diabetic foot syndrome./ Eroshkin I., Vasiljev Yu., Zelenov M., Kokov L., Udovichenko O. / Abstracts of the 5 <sup>th</sup> Annual meeting of the EASD Diabetic Foot Study Group (Kassandra, Greece, 7-10 Sept, 2005), P44
11. Follow-up results of endovascular interventions vs conservative treatment in

<p>diabetic patients with critical limb ischemia. / Strakhova G., Udovichenko O., Eroshkin I., Zelenov M., Vasiljev Yu., Bondarenko O., Galstian G. / Abstracts of the 5<sup>th</sup> Annual meeting of the EASD Diabetic Foot Study Group (Kassandra, Greece, 7-10 Sept, 2005), P46</p>
<p>12. Changes in the Ankle-Brachial index in patients with diabetic foot syndrome before and after transluminal balloon angioplasty of lower limb arteries. / Vasiljev Yu., Zelenov M., Kokov L., Udovichenko O., Eroshkin I. / Abstracts of the 5<sup>th</sup> Annual meeting of the EASD Diabetic Foot Study Group (Kassandra, Greece, 7-10 Sept, 2005), P49</p>
<p>13. Benefits of wound healing velocity calculation in routine practice (clinical cases). / <u>Udovichenko O.</u>, Galstian G. / Materials of the 3rd joint meeting of the Diabetic Foot Study Group of the EASD and NeuroDiab (2-5 September, 2004. Regensburg, Germany). P-2.</p>
<p>14. Efficacy of percutaneous transluminal angioplasty in diabetic patients with ischemic foot ulcers. / Eroshkin I.A., Vasiljev Y.G., Udovichenko O.V., Udovichenko A.E., Bondarenko O.N., Galstian G.R. / Materials of the 3rd joint meeting of the Diabetic Foot Study Group of the EASD and NeuroDiab (2-5 September, 2004. Regensburg, Germany). P-37.</p>
<p>15. Evaluating management and identifying outcome measurements in an interdisciplinary foot wound clinic in Australia and Russia. / Begg L., Vicaretti M., Hitos K., McGloin C., Packham D., Bublik E., Fletcher J., Udovichenko O. / Materials of the 3rd joint meeting of the Diabetic Foot Study Group of the EASD and NeuroDiab (2-5 September, 2004. Regensburg, Germany). P-34.</p>
<p>16. STRUCTURED ASSESSMENT OF THE LOCAL DIABETIC FOOT CLINIC EFFICACY / <u>Udovichenko O.</u>, Galstian G., Vesnina A., Kurtseva T., Dedov I., Antziferov M., Czerniec B., Begg L. / Materials of the 2nd joint meeting of the NeuroDiab and Diabetic Foot Study Group of the EASD (29 August – 1 September, 2002. Balatonfured, Hungary). P-61.</p>
<p>17. CLINICAL AND MORPHOLOGIC EVIDENCES OF A SPECIFIC FORM OF NEUROPATHY IN DIABETIC PATIENTS WITH CHARCOT FOOT / Udovichenko O.V., Tokmakova A.Yu., Yushkov P.V., Dedov I.I., Antsiferov M.B. / Materials of the EASD Diabetic Foot Study Group annual meeting (Sept. 7-9, 2001. Crieff, Great Britain), p. A26.</p>